AUTUMN MENU

WEEK 1
WEEK 2
WEEK 3

	MON	TUES	WED	THURS	FRI
MAIN £2.45	HOT & SOUR CHICKEN STEW WITH EGG NOODLES & STIR FRIED GREENS (CE*, E, MU*, SO, G/W)	SMOKEY BEEF & LENTIL CHILLI CON CARNE WITH STEAMED RICE (G/B*, O*, R*, W*)	SAUSAGE & MASH WITH SEASONAL VEGETABLES & ONION GRAVY (MK, SU, G/W)	MOROCCAN CHICKEN CASSEROLE WITH ROASTED VEGETABLE RICE	MEAT FEAST PIZZA WITH CHIPS & HOUSE SALAD (MK, G/W)
ROOTS & SHOOTS £2.45	HOT AND SOUR QUORN STEW WITH EGG NOODLES & STIR FRIED GREENS (CE*, E, MU*, SO, G/B, W)	SMOKEY PLANT BASED CHILLI WITH STEAMED RICE (G/B*, O*, R*, W*) V	VEGGIE SAUSAGE & MASH WITH SEASONAL VEGETABLES & ONION GRAVY (CE, MK, G/W)	MOROCCAN CHICKPEA CASSEROLE WITH ROASTED VEGETABLE RICE V	MARGHERITA PIZZA WITH CHIPS & HOUSE SALAD (MK, G/W)
PASTA POPINA £2.30	TOMATO & BASIL PASTA (CE, G/W) V	CREAMY CAJUN PASTA (MK, MU, G/W)	TOMATO & PESTO PASTA (CE, MK, G/W)	CREAMY CARBONARA (MK, G/W)	MEDITERRANEAN VEGETABLE PASTA (G/W) V
PUD £1.20	PEACH & GINGER CRUMBLE WITH CUSTARD (MK, G/W)	CHOCOLATE & ORANGE CAKE WITH CREAM (E, MK, SO*, G/W)	APPLE TART WITH CUSTARD (MK, G/W)	JAM ROLY POLY (E, MK, SO*, G/W)	CARROT CAKE (E, MK, SO*, G/W)

ALL DISHES SERVED WITH SEASONAL VEG OR CHEF SALAD

STREET £2.60	JERK CHEESEBURGER WITH JERK KETCHUP & HOMEMADE WEDGES (MK, SE*, SO, SU, G/W)	CORONATION CHICKEN CHEESY NAAN MELT WITH INDIAN SLAW (MK, MU*, G/W)	BEEF KOFTA MEATBALL WRAP WITH HOUSE SALAD & GARLIC SAUCE (E, MK, SU, G/B*, O*, R*, W)	SWEET CHILLI CHICKEN WINGS WITH SEASONED WEDGES & PICKLED CABBAGE (G/B, W)	PIRI PIRI CHICKEN LEG & SEASONED WEDGES

MEAL DEAL £2.80

Theme Days









Go Vegan V

ALLERGENS KEY:

CE = CELERY	F = FISH	G/O = OATS	L = LUPIN	MU = MUSTARD	SE = SESAME	* = MAY CONTAIN
CR = CRUSTACEAN	G = GLUTEN	G/R = RYE	MK = MILK	N = NUTS	SO = SOYA	
E = EGGS	G/B = BARLEY	G/W = WHEAT	MO = MOLLUSCS	P= PEANUTS	SU = SULPHUR DIOXIDE	

Olive dining food with passion